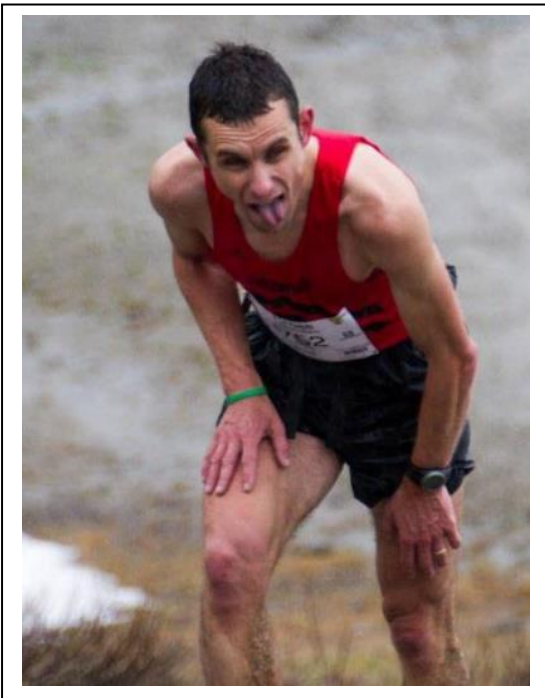


RUNAROUND PROFILE

– where you find out more about a club member than you might want to know!



Alastair Murray kicks off the series with an insight to his personal journey, some of it involving running



What did you want to be when you were growing up?

A child

Where did you grow up?

Fulford, York

Is your career panning out as you wanted?

No

Stiff drink or herbal tea?

Stiff

What got you interested in running/athletics in the first place?

Beanbag race – primary school

What is your worst habit/trait?

Leaving it too long between haircuts

What irritates you in others?

Selfishness

Some stats?

30 inch waist [*ed: that question was meant to be about personal best times, yellow card*]

How do you fit training in to your daily schedule?

Neglecting my children

Training tips?

Just run and keep it simple

Other interests?

Communism

Tell us something about yourself that may surprise us?

I was a choirboy

What has been your proudest moment?

My wife giving birth. Twice.

Best advice you've ever been given?

Do you're A levels. Then go to university.



What is your ultimate running/athletics challenge?

UTMB [*Ed: that's Ultra Trail Mont Blanc, yellow card overturned on appeal!*]

What was your most embarrassing and/or scary moment?

Kiss-a-gram in red speedos for the school play.

What makes you most unhappy?

Everything and nothing.

When are you happiest?

On holiday, with the family, doing nothing.

What do you like about Horwich?

Adlington is close by. {*Ed: VAR has ruled that one offside!*}

Favourite Book/Reading?

Shock Doctrine by Naomi Klein

Most rewarding running/athletics challenge?

The Downhill Race – everyone gets a prize!

Which four people would you invite to your dream dinner-party?

Donald Trump, Vladimir Putin, Bashir Assad and Hannibal Lecter.

If you could change one thing in the world what would it be?

Make everyone vegan

If you could edit your past, what would you change?

When I was about 23 I bought a white jacket in the style of Dr No. I wouldn't buy that.

If you could turn back the clock, what would you change?

I would appreciate my parents more.

Who or what has been your biggest sporting influence/inspiration?

My Dad, my wife, and Norman Matthews.

What's your favourite music?

Metal (Deafheaven and Pantera at the moment)

Favourite film/TV?

The West Wing

What would you want to achieve/do in running/athletics?

I dream of winning the Pike Race

What is your favourite race/athletics event?

Rivington Pike Race

Any ideas about how Horwich RMI Harriers could improve?

Can someone bring some gingernuts to the next committee meeting?

What are your hopes for the club?

To see the potential of all our awesome juniors be realised.