

2019 Senior Club Champs

Senior Club Road Champs 2019

Your best 3 results from up to 6 races.

(All races are part of the CLGP)

- (1) Trotters 5 - Sun 3 March
- (2) Curleys 5k - Wed 10 Apr
- (3) Horwich 5 - Wed 19 June
- (4) Ramsbottom Mile - Tues 6 Aug
- (5) Swinton Road Race - Sun 29 Sept
- (6) Gin Pit - Sun 13 Oct

Senior Club Fell Champs 2019

Your best 3 results from up to 6 races. (any distance)

All English Fell Champs Races

Stretton Hills	17 th March 2019
Howgills Race	06 th April 2019
Great Lakes Race	15 th June 2019
Black Fell	06 th July 2019
Grisedale Horseshoe	07 th September 2019
Ilam	22 nd September 2019

Senior Club Overall Champs 2019

Best 7 from 12 with at least 1 from each of Fell, Road and XC.

Road : Any 4 from 6 races in the club road champs.

Fell : Rivington Pike, Two Lads, Chipping Show, Norman Matthews Race.

XC : Any 4 from (MACCL + Northern Champs)